GREEN GARLIC



RECIPE SOURCE

Tait Farn Recipe Box

Recipe adapted from: The Garlic Farm on the Isle of Wight, UK

Green Garlic Pesto

INGREDIENTS

3 large green garlic bulbs,

roots removed

2 garlic cloves, peeled and

chopped

4 Tbs. olive oil

4 Tbs. pine nuts, pumpkin or sunflower

seeds

good handful of fresh basil leaves

5 oz. finely grated Parmesan or

Pecorino cheese

STEPS

Finely chop the bulbs, stems and some of the leaves of the green garlic.

Place all ingredients in a food processor and pulse until well blended.

Season to taste with salt and pepper, adding more olive oil if need be.